



POST-OPERATIVE INSTRUCTIONS

DENTAL IMPLANT SURGERY

Bleeding-

Following the surgery, a small amount of bleeding (oozing) is to be expected. When mixed with the increased salivation following the surgery, it may appear to be quite a bit of bleeding.

Please avoid the following activities for 72 hours: vigorous rinsing, sucking on straws, smoking and brushing close to the surgery site. Limiting physical activity for the first 24 hours is also recommended as it will increase blood pressure and may cause more bleeding.

Swelling-

Swelling and bruising are possible side effects after surgery. An ice pack during the first several hours after surgery will keep swelling to a minimum. Keeping your head elevated (2 to 3 pillows) to help limit and resolve the swelling that does occur. The swelling gradually subsides after 48 hours.

Medication-

If antibiotics are prescribed, be sure to continue to take them for the indicated time, even if no signs of infection appear. Often, anti-inflammatory medications such as ibuprofen can be taken every 4-6 hours for pain management. If prescribed, use prescriptive narcotic medication as directed.

Diet-

Soft foods and ample fluid intake are suggested following surgery on the day of your surgery. Initially start with soft, easily digested foods. After the first 24 hours, you can eat normally as soon as you are comfortable.

Sutures-

Sutures may have been placed in the surgical area to help reposition the tissue, promote healing, and decrease post-operative bleeding. In approximately two weeks following your surgery, your healing progress will be evaluated. After the first 24 hours, it is important to resume your normal dental routine of brushing and flossing, exercising gentle care around the surgery site. This will speed healing and keep your mouth fresh and clean.