



## POST-OPERATIVE INSTRUCTIONS

Following tooth preparation and impressions for crown, bridge and veneer fabrication, some discomfort may be expected. The tooth may be sensitive from the work and some sensitivity of the gum tissue adjacent to the tooth may be present as well.

In most cases, a non-steroidal anti-inflammatory medication such as ibuprofen (Advil, etc.) is the drug of choice. If this is not sufficient, a mild or moderate prescription pain reliever will be prescribed and may be taken as necessary.

A provisional (temporary) restoration is placed and cemented with a weak cement to allow easy removal at the subsequent appointments. Although it is strong enough to chew normal foods, extremely sticky foods should be avoided to keep from dislodging the provisional restoration. Chewing gum should be avoided as well. Although it is an uncommon occurrence, it is possible to loosen this restoration.

If a temporary restoration is loosened, please call our office to arrange re-cementation. If it is not possible to visit our office the restoration may be seated with a small amount of denture adhesive (Poli-grip, etc.)

In most cases, the provisional restorations look and function like natural teeth. Our goal is to provide the most life-like restorations possible and maintain a minimum amount of discomfort during and following the procedures.